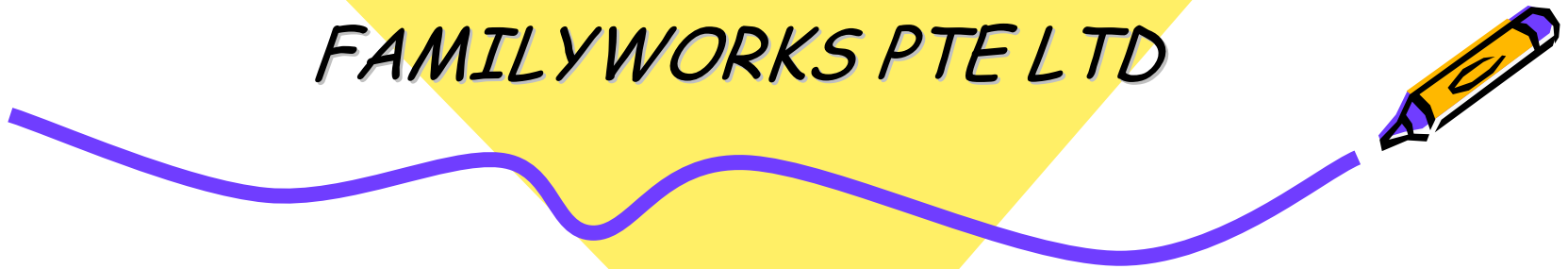


# COLLABORATIVE CARE GIVING

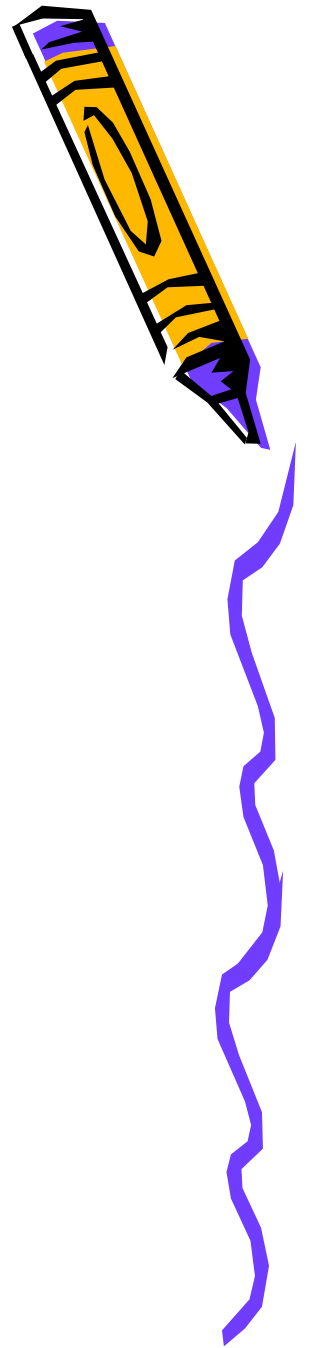
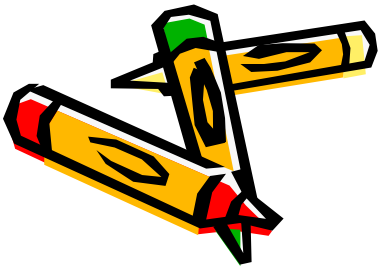
*BENNY BONG  
FAMILYWORKS PTE LTD*



# COLLABORATIVE CARE GIVING

## The Need

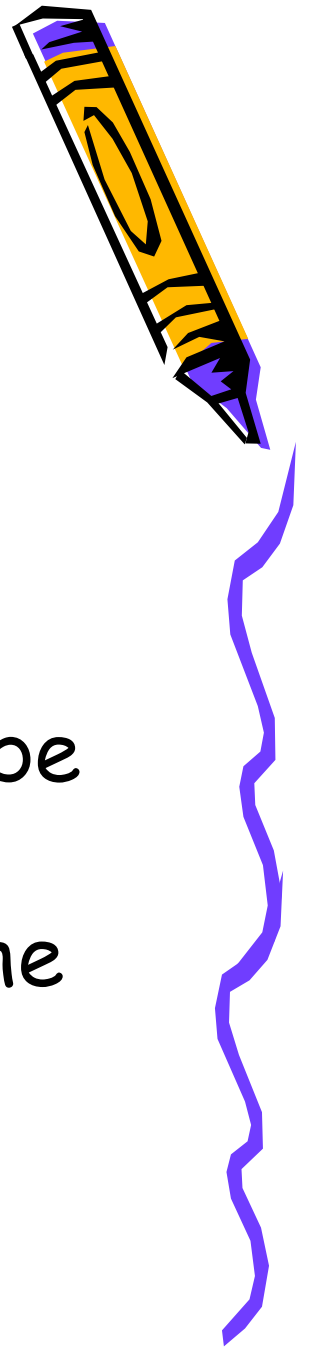
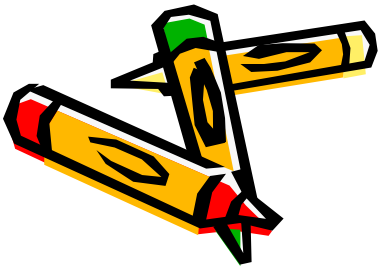
- Care Giving is
  - Unrelenting
  - Intense
  - Multi-skilled activity
- To involve others in care giving



# COLLABORATIVE CARE GIVING

## The Challenge

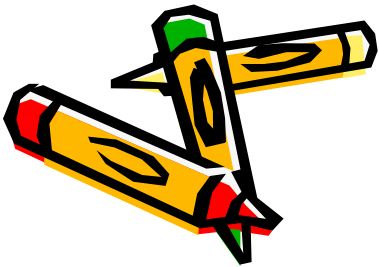
- It's demands turn others away
- Those with a history of distant or poor relationship may not want to be involved
- Co-ordination of help offered in the right amount, time and mix



# COLLABORATIVE CARE GIVING

## The Challenge

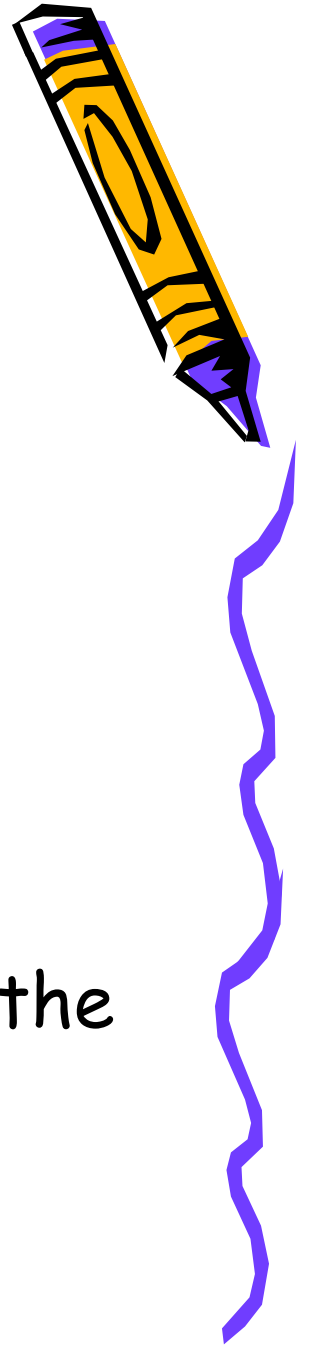
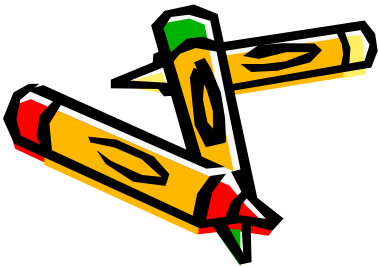
- Dealing with a cocktail of strong emotions such as responsibility, guilt, self-blame, despair, etc
- The difficulty of asking for assistance and imposing on others



# COLLABORATIVE CARE GIVING

## The Mindset

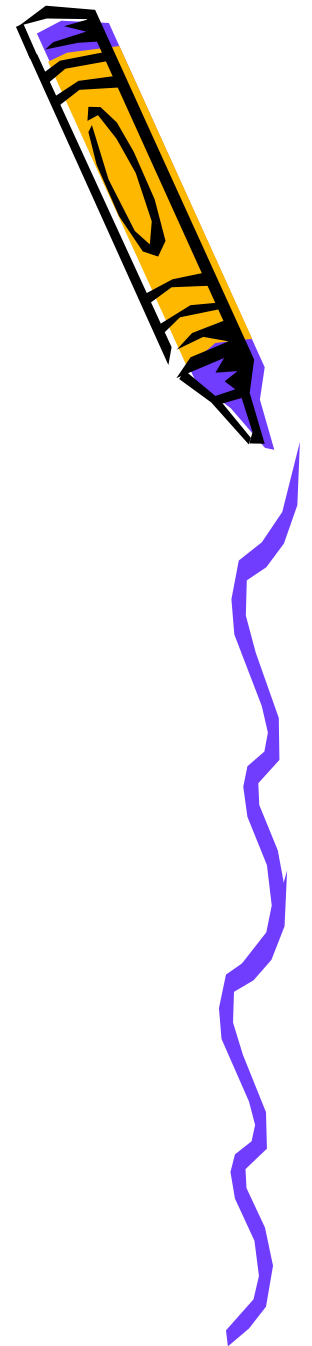
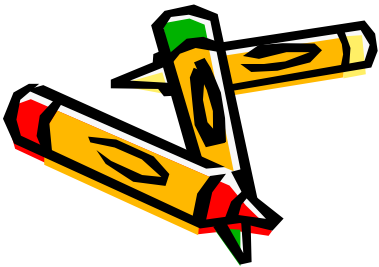
- Do not be a lone ranger
- Have a marathon runner's mentality
- There is nothing wrong in admitting you need help
- It is okay for you to "...have a life..."
- The others too need and must share in the load



# COLLABORATIVE CARE GIVING

## The Process

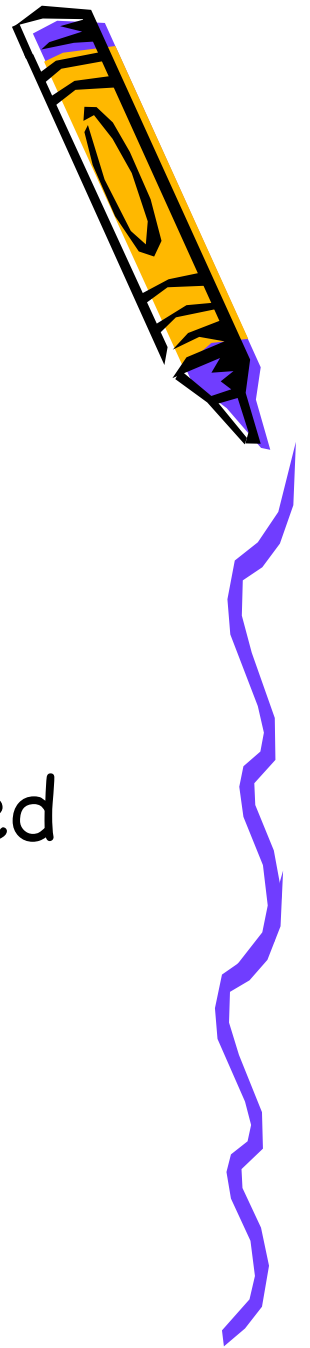
- Appoint care co-ordinator
  - Not necessary most capable
  - Not most powerful
  - But most involved in family member in need
- Role
  - Co-ordinate care
  - Conduit of information
  - Deputized to make decisions



# COLLABORATIVE CARE GIVING

## The Process

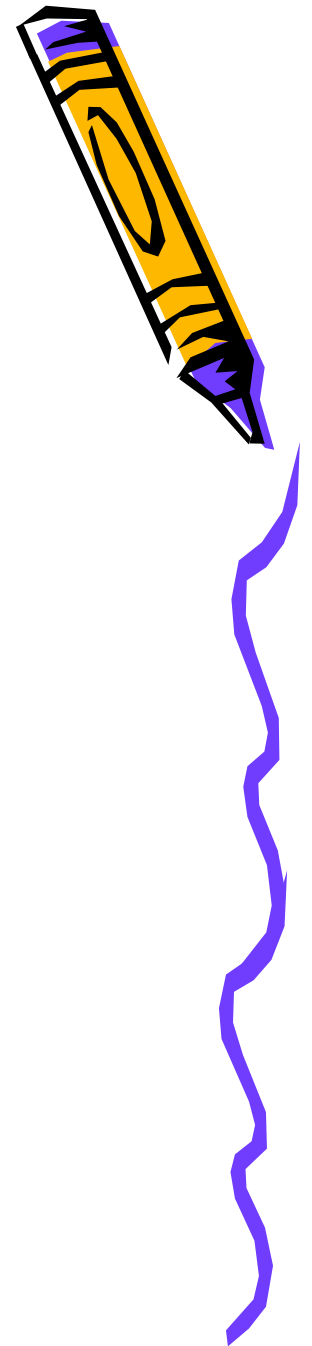
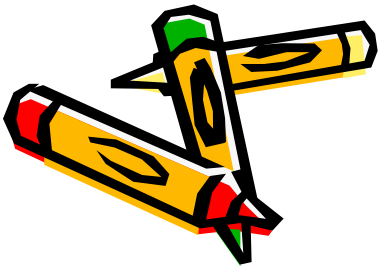
- Board meeting
- Appointment and terms agreed
- Communication channels established
- Co-ordinate care
- E.O.G.M



# COLLABORATIVE CARE GIVING

## Co-ordinate Care

- Outline needs of family member
- Members decide what they can and are prepared to offer
- No guilt trips
- Review arrangement periodically
  - Care by others
  - Load on self



# COLLABORATIVE CARE GIVING



## Co-ordinate Care

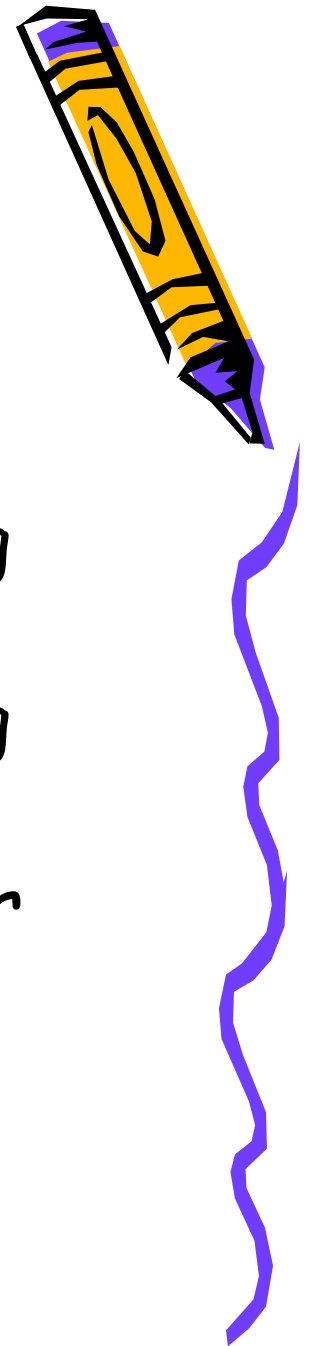
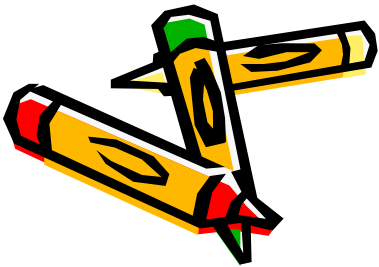
- Clear expectations communicated to domestic helper and agency during recruitment
- Clear communication of task duties and process to domestic helpers
  - Walk through/demonstrate type of care needed
- When shortcomings are present
  - Check if communication was clear
  - Check if comprehension was in line
  - Problems encountered



# COLLABORATIVE CARE GIVING

## Co-ordinate Care

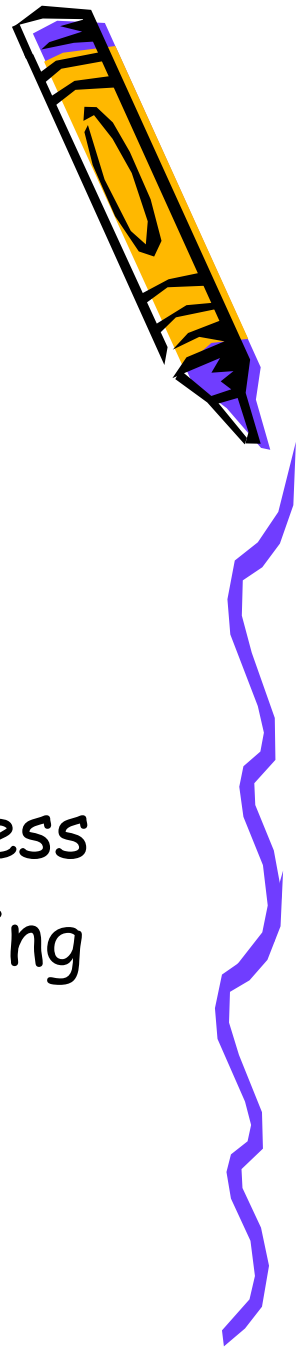
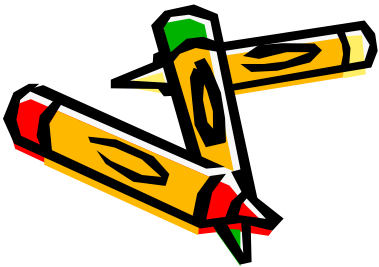
- Domestic helper may be experiencing cultural shock, homesickness, etc
- Domestic helper may be experiencing performance anxiety
- Encouragement and praise help her feel adequate, confident and empowered



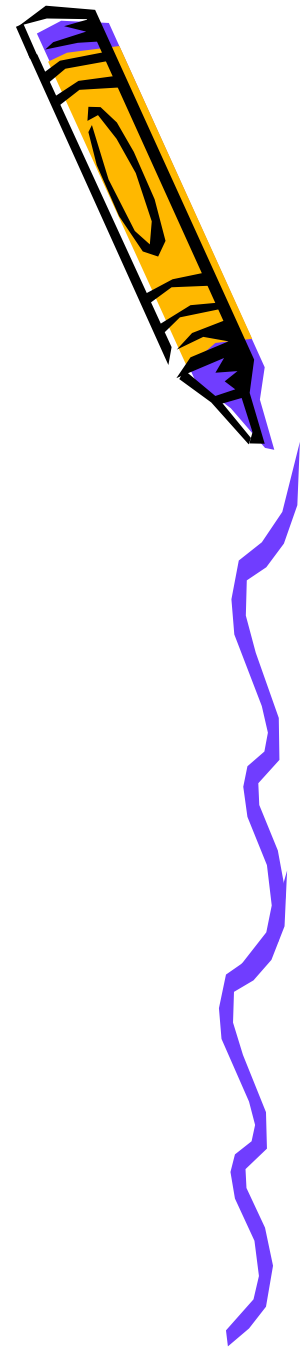
# COLLABORATIVE CARE GIVING

## Gentle Reminder

- Do not lose sight of the purpose - providing the best care for the family member
- Maintaining family harmony in the process
- Maintaining a sense of personal well-being



# COLLABORATIVE CARE GIVING



Q & A

